# VIDEO CONFERENCE : PROMOTE YOUR RESEARCH

# Training in public speaking

You are going to speak during a research event, using video conference.

How can you adapt your content and posture to this online format? How can you capture the attention and sustain the focus of an invisible audience? How can you promote your research in a virtual world?

During this video conference training, you will learn how to take full advantage of the tools at your disposal to captivate, unite and develop your network.

AGENT

MAJEUR

# **Objectives**

Manage the technical aspects of a video conference Build clear arguments Create a connection with your audience Show that you are involved physically Develop your network

# **Training duration**

2 days for a physical training course or 4 half days for a virtual course

#### Number of participants Up to 6 persons

#### Audience

Any person required to speak during meetings, conferences or conventions using video conference

### **Educational resources**

Theoretical and methodological background, practice on material brought by participants, group exchanges, exercises

# **Evaluation procedures**

Questionnaire at the beginning and at the end of training (self-evaluation)

# Prerequisites

None



#### Program

Manage the technical aspects of video conferences Know the features of the systems used: Zoom, Teams... Control the quality of sound and image Choose a suitable location

#### **Build clear arguments**

Prepare an efficient framework Refine your presentation mediums Find the right degree of popularization

#### Create a connection with your audience

Talk about subjects your audience is interested in Boost interactions : surveys, questions... Vary the types of mediums used Use storytelling to make an impression

#### Show that you are physically involved

Lower your stress by controlling your breathing Learn how to gaze, use silence and adopt body language Speak with conviction

#### **Develop your network**

Promote future collaborations Share a specific medium at the end of the speech Plan discussions in small groups after the conference