# PRESENT YOUR RESEARCH PROJECT

# A training course for standing and talking in public

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You come to this course with a presentation of your choice. Throughout the first day, we help you make it more convincing, while teaching you a 3-step method to prepare your oral presentations.

Two or three weeks after this first workshop, you have had time to work on your presentations. During this second training session, you confront this completed version to external advice. This is the occasion to perfect it: improvement of presentation materials, simplification of speech, resort to "catchy" catchphrases.

# Objectives

Build a clear pitch Involve your audience Make a successful introduction Leave an excellent impression Assess your image as a speaker Perfect your performance "à la carte" program

# Training duration 2 days

Number of participants Up to 6

# Audience

Researchers that may speak at a scientific symposium or a research conference

### **Educational resources**

Theoretical and methodological background, practice on material brought by participants, group exchanges, exercises

# **Evaluation procedures**

Questionnaire at the beginning and at the end of training (self-evaluation)

### Prerequisites

None



## Program

**Build a clear pitch** Build an effective plan Take advantage of the presentation materials Find the right level of popularization

#### Involve your audience

Sending and receiving messages: the oral communication diagram

What you are judged on when you speak: the keys to oral communication

Talk to your audience about what interest them

#### Make a successful introduction

Reduce your stress using your breathing Use your gaze and silence Refine your introduction

#### Leave an excellent impression

Keep your audience attention until the end Tricks to leave a lasting impression Refine your conclusion

#### Assess your image as a speaker

Present your finished presentations Identify your strong points Identify your axes for improvement

#### Perfect your performance

Make yours the rules of popularization Design supports that make sense Build a connection with your audience